

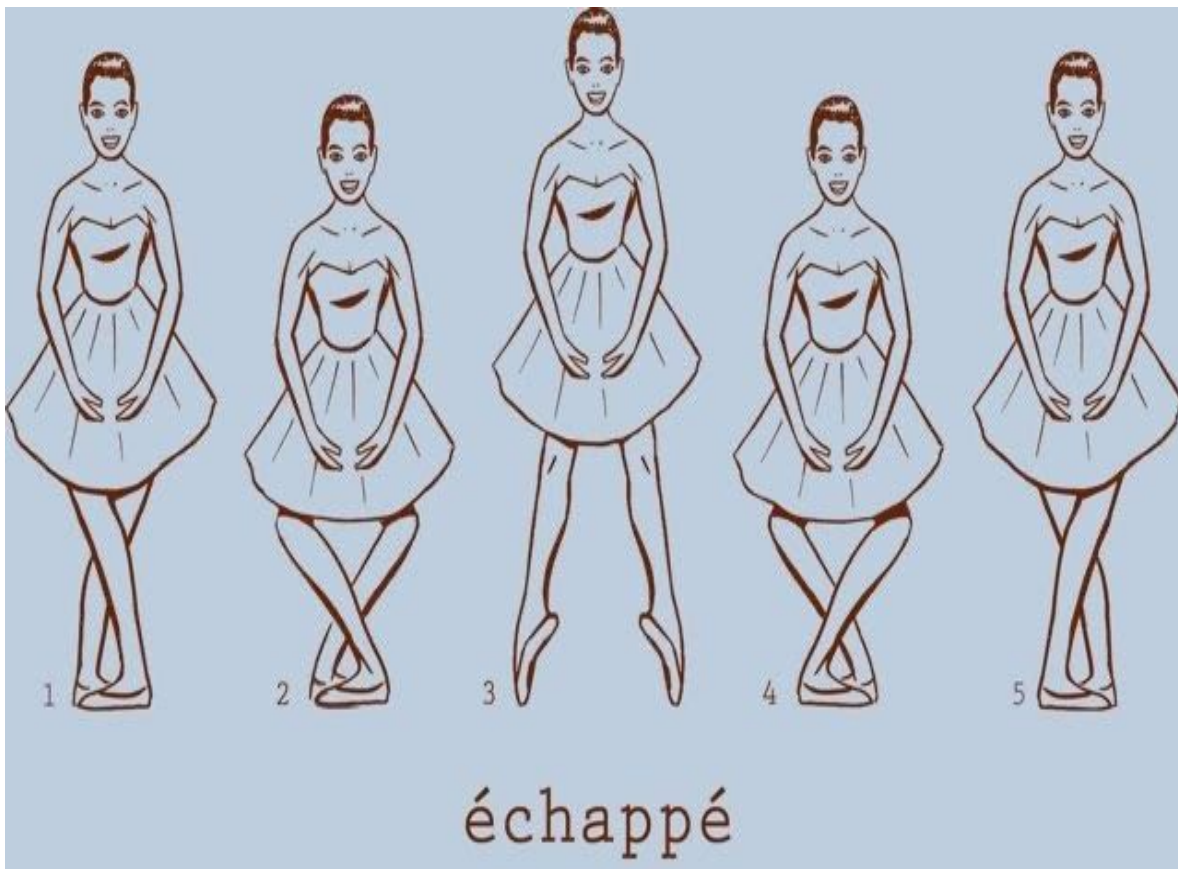


NORTH POINTE BALLET

Échappé

[ay-sha-PAY]

Escaping or slipping movement; a level opening of both feet from a closed to an open position and with both feet traveling an equal distance from the original center of gravity. Can be done as a jump (échappé sauté) or to a relevé with straight knees in the open position. In each case, échappés are done to the second or fourth position.



<https://pin.it/4x7F5Oc>