



NORTH POINTE BALLET

Pirouette

[peer-WET]

Whirl or spin. A complete turn of the body on one foot, on pointe or demi-pointe. Pirouettes may be performed in any given position.



PIROUETTE EN DEDANS

A pirouette is a complete turn of the body done in one place on one foot. This turn may be done on the right or left foot and can turn in either of two directions: en dehors (outward), the most often done, or en dedans (inward), as shown here. The working leg is most often in retiré (4), but may be in other positions as well. Turns are

single, double, or multiple. Pirouettes are difficult, but exciting to do and watch. The importance of control and timing cannot be overstated. This student demonstrates a pirouette en dedans to the left. From croisé en avant, right foot front in fifth position, arms low (1), she begins with a tendu front with the right foot and a lift of the