

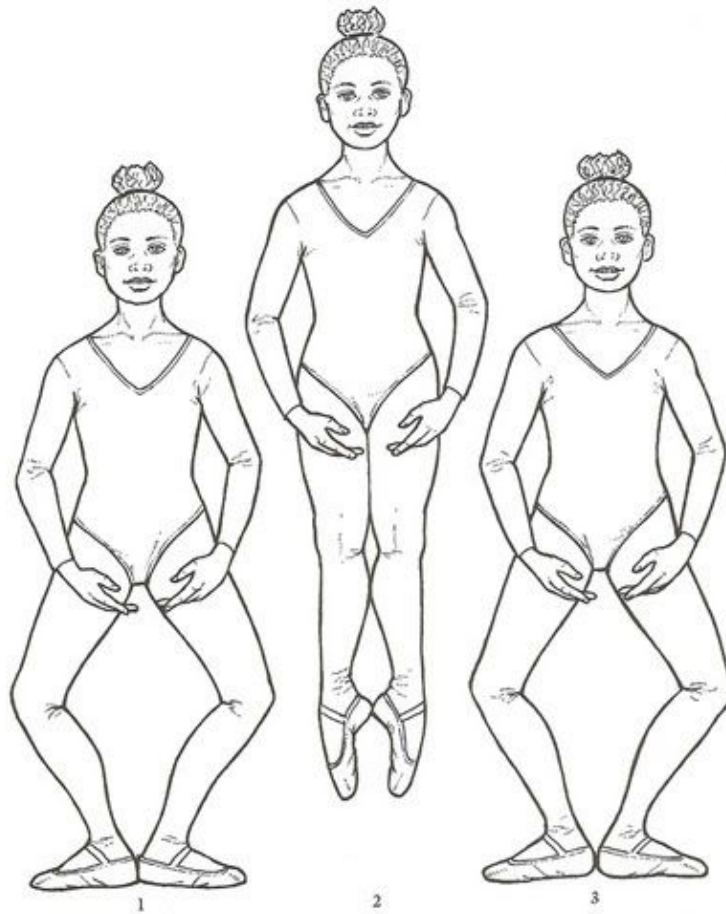


NORTH POINTE BALLET

Sauté

[soh-TAY]

Jumped, jumping. When this term is added to the name of a step, the movement is performed while jumping. For example, arabesque sauté, first position sauté, etc.



TEMPS LEVÉ SAUTÉ

This basic but important jump begins and ends in the same position and place where it began. In figure 1, the dancer, in first position, arms in preparatory position, begins the jump with a demi-plié. After "pushing into" and "out of" the floor, she is in the air at the highest part

of the jump, legs fully extended with feet pointed (2). In figure 3 the dancer has come down from the jump and is again in demi-plié. Throughout the temps levé sauté, the upper body and arms have been carefully controlled and correctly held. All jumps must begin and end with plié.