



NORTH POINTE BALLET

## ***Soubresaut***

[soo-bruh-SOH]

Sudden spring or bound. A springing jump from both feet usually performed traveling forward. From demi-plié in fifth position, spring in the air with well-crossed legs, extended knees, and feet pointed. Land simultaneously on both feet in demi-plié in fifth position with the same foot in the front that started the jump.

