



NORTH POINTE BALLET

## **Relevé**

[ruh-VAY]

Raised. A raising of the body on the points or demi-pointes, point or demi-pointe. There are two ways to relevé. In the French School, relevé is done with a smooth, continuous rise while the Cecchetti method and the Russian School use a little spring.

**RELEVÉ  
(RAISED)**

