



NORTH POINTE BALLET

Making classical ballet accessible to everyone.

northpointeballet.org

I Am Going to the Ballet!

A social story to help families prepare for a visit to see a North Pointe Ballet performance at the Lorain Palace Theatre.



I am going to see a ballet performance at the Lorain Palace Theatre.



I will enter the theater through the front doors.

Then I will walk through the lobby. I might already have a ticket, or I might have to buy a ticket. If I have to buy a ticket, I will wait in line. I will wait my turn with other people who are buying their tickets.



After I have my ticket, it will be time to walk into the theater. My family and I will be able to choose our seats. We will probably have to wait a few minutes for the performance to begin.



Usually, the lights turn off when the ballet is going to start, but at this performance the lights will stay on.

There will be an **announcement** and then the music will start. That is how I will know it is time to look at the stage.



In a ballet, there is no talking. The professional dancers will tell me a story with their dancing. I will understand the story because someone who is not dancing will tell me what is happening.

That person is called the **narrator**.



The narrator will tell me what is happening as the dancers are showing me with their choreography. **Choreography** is the word for the sequences of steps the dancers do, just like actors have a script of words that they say.



It is important for me to have **good audience behavior** so that everyone in the audience, including me, can enjoy the ballet performance.

I will sit in my seat with a **calm body**.



My eyes will **watch** the dancing.



My ears will **listen** to the music and the narrator.



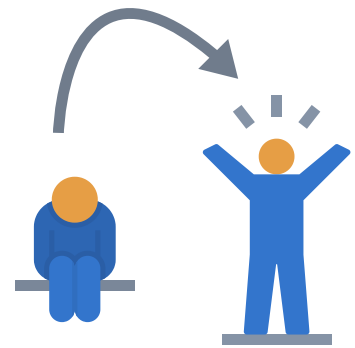
I will hold on to my words so that I do not miss any of the exciting things that the dancers do. I do not want to disrupt the other audience members.



If the dancers do something that I like on stage, I can let them know. I can clap or make a happy noise. I might be very excited and need to stand up or jump or call out. That is okay!

The performance will be as long as a movie, but there will be a break in the middle. That break is called **intermission**.

Intermission is a good time to stand up and stretch, talk to the people around me about what I saw, and go to the bathroom.



I might need a break sooner than the intermission. That is okay! I am allowed to get up during the performance and move my body if I need to. I can step out of the theater if I need to or change seats if I need to.

I will know that the performance is finished when the dancers take a bow. I can clap and cheer with everyone else to let the dancers know I liked the performance.



It will be time to leave the theater when the curtain closes. Everyone will be leaving at the same time. I will need to walk with my grown up.



If I liked the ballet, I can come back to see North Pointe Ballet at this theater another time!